

FDSA ADULT LEAGUE RULES

1. Teams shall consist of no more than 15 players.
2. Cost shall be \$450 per team or \$40 per person, registering as a free agent.
 - a. Player must be at least 19 years old
 - b. Each player will get a t-shirt.
3. Season will consist of 8 games.
 - a. Games will not be played the week of Memorial Day and July 4th.
4. Games will be two 30 minute halves with one 5 minute half time.
5. Teams will play 7 vs. 7 (6 field players and 1 goalie)
6. At least 3 female players must be on the field during play.
7. All FIFA rules apply except for following:
 - a. Substitutions can be done on the fly, but the substitutions must be made at mid-field.
 - b. Goalies cannot drop kick the ball.
 - c. Goal kicks may not cross midfield unless touching a player first.
 - d. Ball cannot be distributed by the goalies from his/her hands past half field without touching another player first.
 - e. Players can not be off-sides.
8. Games will be played on Sundays at 5:00 and 6:15.
9. Referees will be paid \$20 per game using a one man system.
10. The league will be classified as non-competitive.
 - a. If team numbers are high we will have two leagues, competitive and non-competitive.